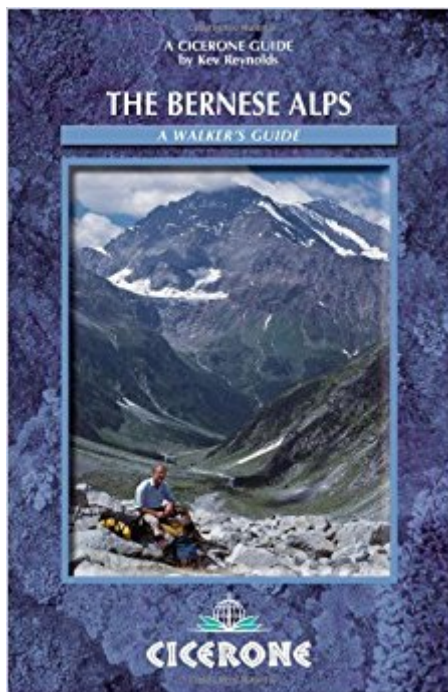


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# The Bernese Alps (a Walker's Guide)



## Synopsis

Over 100 walking routes in the Bernese Alps are described in this guidebook. It is an indispensable companion to the Bernese Oberland region that boasts famous peaks such as the Eiger, Monch and Jungfrau. But there are lesser-known mountains, too, that are just as scenically dramatic, and in their shadow peaceful villages and seemingly forgotten hamlets are lodged in spectacular locations. Add to that the romantic valleys, lakes, flower-filled meadows and a network of mountain huts and rustic inns for those who want to experience the Alps of the Victorian pioneers, and you'll understand why the Bernese Alps seduce the connoisseur back year after year. The guide is divided into sections on particular areas in the Bernese Oberland, for example, Grindelwald, Lauterbrunnen, Meiringen, Kandersteg, Griesalp and others. Additionally, the guidebook includes useful practical information on getting to and around the region, where to stay and how to prepare for a trip into the Bernese Alps. All this, and more, is available to the mountain hiker, and this indispensable guide will enable you to explore the very best of the Bernese mountain wonderland.

## Book Information

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## Customer Reviews

Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press appeared in 1978; he has since produced 27 titles for Cicerone, with others being researched. A member of the Outdoor Writers' Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished, and he regularly travels throughout Britain to share that enthusiasm through his lectures.

As other reviewers have noted, perhaps this is helpful if you are going on a very specific itinerary, but for day hiking in the Jungfrau region, not at all helpful - we left this at home. Too bad, as I have always LOVED Cicerone guides, and have found them very helpful in the past. I am always super prepared, so I ignored this advice that many people gave, but I will echo it - all of the train stations in the touristic regions have excellent free, color maps of the top hikes, and trails are well signed. I wish I had had the chance to buy one of the topos people talk about (those we could not find for sale anywhere in Interlaken, which was odd, although we could have looked harder), but, if you are just looking for basic hiking maps, you will get everything you need for free once you get there.

Having spent a great deal of time researching and planning a first-time hiking trip in the Bernese Oberland, I have found this to be the most detailed reference available. I anticipate that local/regional maps will prove helpful once on foot however I plan to carry this book with me as well. The authors are well-traveled (by foot) in the region and provide insightful information.

Organized, thorough and well-written descriptions. The resources cited are extensive. I used this guide to develop a 7-day trip from Meiringen to Gstaad and make reservations for lodging each night.

excellent

very informative

Used the guide on a 4-week stay in Bern and many days hiking/visiting the Bernese Oberland. With 115 hikes listed, it had more details than the guide by Alspach which had 12+ hikes. Easy to follow the hike instructions in general but the book could use some maps. Although it was easy enough to get trail maps at the train stations. A bit heavy to carry all day so I did the unthinkable and tore out the relevant pages for that day's hike.

I was hiking 8 days in the Bernese Alps, and this book is almost perfect for it. Almost - because all of its trips are day trips, but it has in its end a multi-day tours combination (from the 1 day tours) - one of them I did. (Meiringen - Griesalp). The book is very detailed, and also points out to the problems in the extraordinary marked Swiss paths. One other thing I missed in it, is the lack of map (or drawing) with all the trips of that area. Last thing: since this is not the Swiss Pass route book, maybe there was

a place for more details on the villages them self, and\or attractions in them. (the example I have in mind is the TrÃfÃ mmelbach waterfalls in Lauterbrunnen")Overall - I am very happy with it and recommend it highly.one last thing: for the swiss pass route, there are excellent sites with lots of details, which might make this book redundant.

I just returned from a 2 1/2 week trip to the Bernese Oberland region in Switzerland and if you plan on doing any extensive hiking this book is a great guide. I used local maps as well as this book as my sole resources while in the area and had a great trip with amazing hiking. Definately recommend it if you're going to be in this area for any extended amount of time.

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